

Asthma Condition Management Program

The Asthma program is designed to prevent hospital admissions by promoting self-management skills and adherence to treatment guidelines. This program has four focus areas including:

- Education to enhance understanding and compliance
- Benefits of exercise
- Symptom Management
- Tobacco cessation

Respiratory Therapists will provide coaching for members in the following areas:

- Medication comprehension and compliance
- Symptom management to prevent exacerbations
- Proper use and maintenance of respiratory equipment
- Identify early warning signs and develop action plan
- Reinforce and practice breathing exercises and improve exercise tolerance
- Identify triggers and develop coping strategies
- Break away from tobacco dependency with one-on-one support

The Asthma program is offered via telephonic coaching and education materials (mailed and online). Members who opt to participate in telephonic coaching are considered “engaged” members and receive additional program incentives.

Program Incentives:

As an engaged member, your program incentives are determined by your risk stratification level.

Stratification Levels:

High Risk: Level 3

- 2 Telephonic coaching calls per month
- 1 “Asthma only” office visit per plan year
- Educational Material available when appropriate
- 1 Replacement spacer per plan year for better concentration of the medication and administration
- 1 Peak Flow Meter per member for self-monitoring of the asthmatic condition

Medium Risk: Level 2

- 1 telephonic coaching call per month
- 1 “Asthma only” office visit per plan year
- Educational Material available when appropriate
- 1 Replacement spacer per plan year for better concentration of the medication and administration
- 1 Peak Flow Meter per member for self-monitoring of the asthmatic condition

Low Risk: Level 1

- 4 telephonic coaching calls per year
- 1 “asthma only” office visit per plan year
- Educational Material available when appropriate
- 1 Replacement spacer per plan year for better concentration of the medication and administration
- 1 Peak Flow Meter per member for self-monitoring of the asthmatic condition

Very Low Risk: Level 0

- 1 telephonic coaching call per year
- Educational Material available when appropriate

Stratification:

Members are stratified based on the results of a complete assessment of their health, which involves determining the clinical risk of the member with their diagnosis (either primary or co-morbidities), their health literacy or knowledge of their diagnosis/condition, and their readiness to change. The stratification level may change as member needs and clinical status changes.

Program Incentives CPT Codes:

The following will be paid at 100% when provided by an in-network provider:

- Asthma only office visit. Office visit must have one of the following-CPT codes:
 - 99201-99205
 - 99211-99215
 - 99241-99245
 - 99381-99404
- The diagnosis code below must be used.
 - 496
 - 493.XX
 - V82.9

Additional Condition Management information is available at the following website addresses:

Members

<http://benefits.sd.gov>, click Active Employee, scroll over Latitude, and click Condition Management.

Providers

<http://benefits.sd.gov>, click Active Employee, scroll over Latitude, and click Condition Management.

Contact Information:

Call 877.573.7347, option 3 for Health Management Partners, and then option 4 for Condition Management.