

Kidney Care Condition Management

The Kidney Care Program is designed to improve self-management skills and promote adherence to treatment guidelines in order to reduce the risk of hospital admissions. This program has three focus areas including the following:

- Education to enhance understanding and compliance
- Nutrition counseling
- Tobacco cessation

A health coach will provide coaching for members in the following areas:

- Medication comprehension and compliance
- Fluid and sodium restrictions as recommended by the treating physician
- Healthy nutrition and weight management counseling
- Blood pressure and cholesterol management
- Self monitoring
- Break away from tobacco dependency with one-on-one support

The Kidney Care Conditions Management Program is offered via telephonic coaching and educational material (mailed and online). Members who choose to participate in telephonic coaching are considered “engaged” members and receive additional program incentives. The Kidney Care Program is managed by a registered nurse with a background in nephrology. The Kidney Care Conditions Manager meets with a board certified nephrologists on a weekly basis to review new members, develop and review plans of care, and review incoming laboratory results. When necessary, HMP’s nephrologist will make contact with treating providers to ensure the highest level of quality care.

Program Incentives:

As an engaged member, your program incentives are determined by your risk stratification level.

Stratification Levels:

High Risk: Level 3

- 2 telephonic coaching calls per month
- Educational materials when appropriate
- Up to 2 Clinic appointments with a board certified nephrologist
- Up to 2 Comprehensive Metabolic Panel with *Glomerular Filtration Rate* (*GFR*)
- Up to 2 Hemoglobin and Hematocrit levels
- Up to 2 Parathyroid hormone levels
- Up to 2 Lipid Panels
- Up to 2 Phosphorous (serum) level
- Up to 2 urine for albumin and creatinine ratio or protein and creatinine ratio
- Up to 2 Urinalysis
- 1 Ultrasound within 2 years of both kidneys, bladder, aorta and blood flow to the kidneys

Medium Risk: Level 2

- 1 telephonic coaching call per month
- Educational materials when appropriate

- 2 Up to Clinic appointments with a board certified nephrologist
- Up to 2 Comprehensive Metabolic Panel with *Glomerular Filtration Rate* (GFR)
- Up to 2 Hemoglobin and Hematocrit levels
- Up to 2 Parathyroid hormone levels
- Up to 2 Lipid Panels
- Up to 2 Phosphorous (serum) level
- Up to 2 Urinalysis
- Up to 2 Urines for albumin and creatinine ratio or protein and creatinine ratio
- Up to 1 Ultrasound within 2 years of both kidneys, bladder, aorta and blood flow to the kidneys

Low Risk: Level 1

- 4 telephonic coaching calls per year
- Educational materials when appropriate
- Up to 1 Clinic appointment with a board certified nephrologist
- Up to 1 Comprehensive Metabolic Panel with *Glomerular Filtration Rate* (GFR)
- Up to 1 Hemoglobin and Hematocrit level
- Up to 1 Urinalysis
- Up to 1 Urine for albumin and creatinine ratio or protein and creatinine ratio

Very Low Risk: Level 0

- 1 telephonic coaching call per year
- Educational materials available when appropriate

Stratification:

Members are stratified based on the results of a complete assessment of their health, which involves determining the clinical risk of the member with their diagnosis (either primary or co-morbidities), knowledge of their diagnosis or condition, and readiness to change. The stratification level may change as member needs and clinical status changes.

Program Incentive CPT Codes:

The following will be paid at 100% when provided by an in-network provider per plan year:
Nephrologist offices visit with blood pressure. Office visit must have one of the following-

- 99201-99205
- 99211-99215
- 99241-99245

Hemoglobin & Hematocrit

- 85018 or 85014

Comprehensive Metabolic Panel with GFR

- 80053 and 82565

Urine for albumin/creatinine ratio or protein/creatinine ratio

- 82570 and 82043 or 82570 and 84156

Urinalysis

- 81001

Parathyroid hormone

- 83970

Phosphorous - (serum)

- 84100

Lipid Panel

- 80061 or 83721 or 82465

Ultrasound within 2 years both kidneys, bladder, aorta, and blood flow to the kidneys for Kidney Care disease

- 76770 or 76775

The diagnosis code below must be used.

- [585.xxx](#)
- 584.xxx
- [403.xxx](#)
- [404.xxx](#)

Additional Condition Management information is available at the following website addresses:

Members

- <http://benefits.sd.gov>, click Active Employee, scroll over Latitude, and click Condition Management.

Providers

- <http://benefits.sd.gov>, click Active Employee, scroll over Latitude, and click Condition Management.

Contact Information

- Call 877.573.7347, option 3 for Health Management Partners, and then option 4 for Condition Management.